



Item: 20982  
Quantity: 1 lb 5.1 oz (600 g)  
Retail: \$110.00

# Enjuvinate<sup>TM</sup>

promote anti-aging from the inside out\*

- ▶ Complete source of protein and enhances protein absorption to increase lean body mass.\*
- ▶ Promotes cognitive function and youthfulness.\*
- ▶ Contains antioxidants that help protect against free-radical damage and promote skin health.\*
- ▶ Features three proprietary complexes that positively affect the body's natural production of substances that help us feel younger.\*
- ▶ Rich chocolate flavor drink.

## P PRODUCT INFORMATION

Unicity has developed an advanced line of anti-aging health products extensively researched and tested using the latest in nutritional science to deliver a holistic approach.

Many of what we've assumed are the inevitable consequences of aging—memory loss, diminished energy, loss of lean muscle mass, poor vision—can be helped through improved lifestyle choices, including better nutrition.

Aging is caused by several factors, such as reduced human growth hormone levels and accumulated cellular damage inflicted by free radicals. Such damage may lead to visual disorders, cognitive decline, cardio vascular events, joint problems, and other serious problems.

Although our vitality tends to decline with age, we don't have to sit back and let it fade away. Diet has a profound effect on our sense of well-being and energy, and certain natural substances can help our aging bodies rejuvenate and renew themselves. People with lower levels of key body substances seem to age faster.

Enjuvinate is a unique anti-aging nutritional formula featuring three proprietary complexes that positively affect the body's natural production of substances that help us feel younger. These substances affect every aspect of human activity, including sexual function, metabolism, and mood.\*

- ▶ Supports the body's production of natural hormones.\*
- ▶ Stimulates the body's ability to form lean muscle mass.\*
- ▶ Assists in slowing the aging process.\*
- ▶ Supports the body's natural production of important biological substances.\*

## F FEATURES AND BENEFITS

With unique anti-aging properties, Enjuvinate is a rich chocolate drink that supports lean muscle mass and enhances your feelings of vitality and well-being.

- ▶ **Super Protein Complex** combines whey, soy, egg, rice, pea and beet proteins and glutamine peptides to support lean muscle mass and enhance protein absorption with aloe vera.\*
- ▶ **Pituitary Complex** consists of Gamma Aminobutyric Acid (GABA) and Alpha Glyceryl Phosphoryl Choline (alpha-GPC) to provide targeted nourishment that promotes cognitive function and youthfulness.\*
- ▶ **Regenerative Complex** contains the antioxidant Alpha Lipoic Acid to help protect against free-radical damage and promote skin health and Ornithine Alpha Keto Glutarate to support the body's natural production of important biological substances.\*
- ▶ **MacaPure** (*Lepidium meyenii*), a domesticated plant of Peru, is traditionally used for enhanced energy and sexual well-being.\*

†This testimonial reflects the individual's experience with the Unicity product and may not be typical. Individual results may vary.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# EnJuvenate™

## ? FREQUENTLY ASKED QUESTIONS

**Q: Rather than taking Enjuvenate three (3) times a week as recommended, can I take half the recommended dose every day?**

A: It is recommended that you take Enjuvenate every three (3) times a week to give your body time to readjust.

**Q: Can a child or someone under the age of 35 take Enjuvenate?**

A: Enjuvenate is not recommended for children or anyone under the age of 35.

**Q: Can I add hot water to Enjuvenate?**

A: It is not recommended, because hot water can destroy the nutrients.

## R REFERENCES

Bucci L, Hickson JF, et al. Ornithine ingestion and growth hormone release in bodybuilders. *Nutr Res.* 1990;10:239–45.

Reeds PJ, Beckett PR. *Present Knowledge in Nutrition*. Washington, D.C.: International Life Sciences Institute, 1996.

Matthews DE. *Modern Nutrition in Health and Disease*, 9th ed. Baltimore: Lippincott, Williams and Wilkins, 1999.



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**Start slowing the aging process today with Enjuvenate.\***  
Place your order at [www.unicity.net](http://www.unicity.net), or call us at 1-800-UNICITY (864-2489).

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## S SCIENCE

Any discussion of aging must begin at the cellular level. Whatever the causes, aging ultimately affects the ability of the body's cells to perform their vital functions. This is then manifested in other organizational levels in the body, including the tissues, the organs, and ultimately the organ systems. It is likely that a number of factors contribute to the aging process, which ultimately affects life span as well as quality of life. It is likely that aging may in fact be a combination of several theories. All have individual merit, but none alone can account for all the effects of aging. These theories include genetic influences, such as programmed cell death or apoptosis, accumulated cellular damage caused by reactive molecules that damage cellular components, and normal "wear and tear" associated with diet and lifestyle.

Genetically, it has been proposed that cells are programmed to replicate only a certain number of times and then die. In addition, some theories state that the genetic material of cells, DNA, undergoes changes over time in its structure. This structural alteration can affect the production of important proteins in the cell. Over our life span, our cells are constantly bombarded with reactive free radicals produced as a natural consequence of cellular metabolism or through increased exposure to chemicals in the environment. These free radicals cause damage to cellular structures, especially the important cell membranes.

The pituitary gland produces certain compounds at different times throughout a person's life. These compounds are essential for the growth and regeneration of cells and tissues. Some specialists in anti-aging medicine believe that regaining the ability to create these compounds or even introducing these compounds to a person deficient in them may have the effect of a "Fountain of Youth."\*

The body's production of some of these molecules is very high during childhood and adolescence. Unfortunately, after age 20 the release of these products by the pituitary gland falls at a rate of approximately 14 percent every 10 years. By age 60, a loss of 75 percent or more of these compounds is not uncommon. Physical symptoms that normally accompany aging—such as wrinkles, increased body fat, loss of muscle mass, loss of energy, and other signs—can be linked directly to the decrease in the production of these important biomolecules.\*

Secretagogues are supplements that work with your body to regulate the natural production of these important molecules. As the body creates more of these compounds, research has shown that many of the symptoms of aging may be reversed.\*

## I INGREDIENTS

### Supplement Facts

Serving Size 1 Packet (50 g)  
Servings Per Container 12

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Calories	185	Soy Protein Isolate	†
Calories from Fat	35	Glutamine Peptide	†
Total Fat	4 g 6%	Egg White	†
Saturated Fat	0.5 g 3%	Rice Protein	†
Cholesterol	10 mg 3%	Pea Protein	†
Sodium	100 mg 4%	Beef Protein	†
Potassium	325 mg 11%	Aliso Vitis Leaf	†
Total Carbohydrate	16 g 5%	Regenerative Complex™	400 mg †
Dietary Fiber	5 g 20%	Alpha Lipoic Acid	†
Sugars	7 g †	Ornithine Alpha Keto Glutarate	†
Protein	21 g †	Pituitary Complex™	2.5 g †
Calcium	150 mg 15%	Gamma Aminobutyric Acid	†
Phosphorus	100 mg 10%	Alpha Glycerol Phosphoryl Choline	†
Super Protein Complex™††	25.1 g †	Maca Extract (tubers)	900 mg †
Whey Protein Isolate	†		
Whey Protein Concentrate	†		

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established

### Direction of Use:

One hour before bedtime, mix 2 scoops (50g) of Enjuvenate with 8oz of cold water, skim milk, or soy milk. For Adult use only. Use Enjuvenate three (3) times a week, alternating days.

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