

HEALTH &  
WELLNESS

CLEANSE

> NOURISH

TARGET

# Daily Produce 24™

"Since I started taking this  
product I'm a lot more  
confident in my health."†  
Nami Uemura



Your daily fruits & vegetables

Experts agree that adults should eat at least five daily servings of fruits and vegetables. Fruits and vegetables contain irreplaceable combinations of powerful phytonutrients that are essential to good health. Daily Produce 24™ includes Fruit Infusion™ and Vegetable Infusion™ and will help improve your health in several important ways.



The ingredients in Vegetable Infusion™ and Fruit Infusion™ come from whole fruits and vegetables grown under ideal conditions in rich soil and harvested at peak maturation.

Recent research indicates that getting antioxidants from whole foods may be more effective than taking isolated vitamins, minerals, and antioxidants. Daily Produce 24™ is packaged in gelatin-free capsules of plant origin.\*

The fruits and vegetables used in Daily Produce 24™ are not subject to any unnecessary processing, heating or pasteurization, which can damage phytonutrients and weaken potency. The fruits and vegetables are pulped in a manner that retains all the nutrient sources, and the liquid is then gently flash-dried to minimize damage to nutrients. The resulting high-potency powder is encapsulated without added binders and fillers.

#### Features & Benefits

- Provides excellent protection against oxidative stress, as measured by the power and duration of Oxygen Radical Absorbance Capacity. (For more information on ORAC, see the research brief on the next page.)\*

- Harvested and processed to maximize whole-food benefits and preserve micronutrients and naturally occurring enzymes.
- Packaged in plant-based capsules, which means the supplements contain no animal products.
- Features extracts that retain natural deep color. Studies have shown that robust colors in food indicate higher levels of nutrient activity.\*

Fruit Infusion™ contains juice powder from: Plum, Cranberry, Blueberry, Strawberry, Blackberry, Bilberry, Cherry, Apricot, Papaya, Orange, Grape, Pineapple.

Vegetable Infusion™ contains juice powder from: Parsley, Kale, Spinach, Wheat grass, Brussels sprout, Asparagus, Broccoli, Cauliflower, Beet, Carrot, Cabbage, Garlic.

\*These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

#### Research Brief

According to Agricultural Research, Oxygen Radical Absorbance Capacity (ORAC) is the measurement of “the ability of foods, blood plasma, and just about any substance to subdue oxygen free radicals in the test tube.” The higher the ORAC value, the



more potent the substance's free-radical-scavenging capacity. Consuming high-ORAC foods result in a proportionate rise in blood serum ORAC. Across the board, fruits and vegetables have higher ORAC value than any other foods.

By consuming foods with high ORAC values, we may be able to combat the effects of aging. Aging has been linked to oxidative

stress on tissues and cells. In fact, in certain human diseases associated with premature aging, scientists have observed oxidation of proteins at a much higher rate than in healthy subjects. Oxidative stress has also been associated with coronary artery disease. Reducing oxidative stress and damage through high-ORAC nutrition may lead to health and longevity.\*

**Frequently Asked Questions**

**Q:** What are Daily Produce 24™capsules made of?

**A:** The capsules are gelatin-free and of plant origin. The capsules do not contain any animal products

**Q:** Can children take Daily Produce 24™ products? If they can, what would be the recommended dose?

**A:** Yes, children can take the recommended amount listed on the label. Dosage is the same regardless of age.

**Q:** Does Fruit Infusion™contain carbohydrates or sugar?

**A:** Fruit Infusion™does not contain any carbohydrates and contains only a small amount of naturally occurring sugars.

**Q:** How does one serving (two capsules) of Fruit Infusion™and Vegetable Infusion™ compare to a serving of fruits or vegetables?

**A:** The products do not contain the natural fiber found in fruits and vegetables, but they contain the important phytonutrients and antioxidants found in fruits and vegetables. It takes several grams of whole fruit and vegetables to yield two capsules of Fruit Infusion™and Vegetable Infusion™

**Sources:** 1) Ames, BN, et al. Oxidants, antioxidants, and the degenerative diseases of aging. Proc Natl Acad Sci. 1993;90:7915-22 • Block G, et al. Fruits, vegetables, and cancer prevention: A review of the epidemiological evidence. Nutr Cancer. 1992;18:1-29 • Diaz, MN, et al. Mechanisms of disease: Antioxidants and atherosclerotic heart disease. N Engl J Med. 1997;337:408-17 • Esterbauer H, et al. The role of lipid peroxidation and antioxidants in oxidative modification of LDL. Free Radic Biol Med 1992;13:341-90 • Inserra P, et al. Immune function improves during fruit and vegetable extract supplementation. Amer Soc Cell Biol. 1998;9:abstract • Prior RL, et al. Can foods forestall aging? Some with high antioxidant activity appear to aid memory. Agricultural Research. Feb. 1999;15-17 • Smith MJ, et al. Supplementation with fruit and vegetable extracts reduce DNA damage in the peripheral lymphocytes of an elderly population. Amer Soc Cell Biol. 1998;9:abstract • Voelker R and Ames BN. Medial news and perspectives: Ames agrees with Mom's advice: eat your fruits and vegetables. JAMA 1995;273:1077-78

"I'm ashamed to admit it, but my diet was terrible. My diet completely lacked fruits and vegetables. Salad meant cabbage to me. I liked fruit, but I normally only ate mandarin oranges and apples. Then I heard about the product Daily Produce 24™ and how it combines extracts from plums, cranberries, blueberries, strawberries, blackberries, bilberries, cherries, apricots, papayas, oranges, grapes, pineapple, parsley, kale, spinach, wheat grass, Brussels sprouts, asparagus, broccoli, cauliflower, beets, carrots, cabbage, and garlic in a way that retains all the nutrient sources. I was really impressed with this and thought that Unicity™ must be the pioneer company of herbs. Ever since then, I've been taking Daily Produce 24™ to supplement my diet. Since I started taking this product I'm confident in my health."†

Nami Uemura

†This testimonial reflects the individual's experience with the Unicity product and may not be typical. Individual results may vary.



Daily Produce  
24™  
Vegetable and  
Fruit Infusion™  
Retail \$58.00  
Item #17754

Vegetable Infusion™ <b>Supplement Facts</b>		Fruit Infusion™ <b>Supplement Facts</b>	
Serving Size:	2 Capsule	Serving Size:	2 Capsule
Servings Per Container:	30	Servings Per Container:	30
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Proprietary Vegetable Juice Blend	900mg	Proprietary Vegetable Juice Blend	900mg
Parsley Juice Powder		Plum Juice Powder	†
Kale Juice Powder	†	Cranberry Juice Powder	†
Spinach Juice Powder	†	Blueberry Juice Powder	†
Wheat Grass Juice Powder	†	Strawberry Juice Powder	†
Brussels Sprouts Juice Powder	†	Blackberry Juice Powder	†
Asparagus Juice Powder	†	Bilberry Juice Powder	†
Broccoli Juice Powder	†	Cherry Juice Powder	†
Cauliflower Juice Powder	†	Apricot Juice Powder	†
Beet Juice Powder	†	Papaya Juice Powder	†
Carrot Juice Powder	†	Orange Juice Powder	†
Cabbage Juice Powder	†	Grape Juice Powder	†
Garlic Juice Powder	†	Pineapple Juice Powder	†
† Daily Value not established <b>Other Ingredients:</b> Capsules of plant origin (plant cellulose and water.) **Vcaps, is a registered trademark for gelatin-free plant capsule from Capsugel.		† Daily Value not established <b>Other Ingredients:</b> Capsules of plant origin (plant cellulose and water.) **Vcaps, is a registered trademark for gelatin-free plant capsule from Capsugel.	
Recommended use: Take two capsules with a full meal and a full glass of water.		Recommended use: Take two capsules with a full meal and a full glass of water.	

For more information, contact your local Business Associate:

Visit us at [www.makelifebetter.com](http://www.makelifebetter.com) or call us at 800-UNICITY (800-864-2489)