

PRODUCT INFORMATION

UNIMED/3321

Each capsule also contains edible ink, FD&C Blue No. 1, FD&C Red No. 40, FD&C Yellow No. 6, gelatin, lactose, magnesium stearate, silicon dioxide, sodium lauryl sulfate, and titanium dioxide.

HOW SUPPLIED

Orange and black capsules imprinted with "ucb" and "316" in bottles of 60 (NDC 50474-316-22) and 500 (NDC 50474-316-24) and unit-dose packs of 100 (NDC 50474-316-27). Dispense in tight, light-resistant container with a child-resistant closure.

Manufactured for
UCB Pharma, Inc.,
Smyrna, GA 30080
by **Mallinckrodt Inc.**
Hobart, NY 13788

Revised 6/01
Shown in Product Identification Guide, page 337

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BIOS LIFE 2 NATURAL **OTC**
Advanced Fiber and Nutrient Drink

Bios Life 2® is a nutrient-rich fiber drink mix that contains a beneficial complex of fibers, vitamins and minerals. Development of heart disease depends on many factors, including elevated blood cholesterol levels and excess body weight. Scientific evidence establishes a significant relationship between diets low in saturated fat and cholesterol and high in fruit, vegetable and grain products that contain fiber, particularly soluble fiber, and the reduced risk of coronary heart disease.

Studies show that people with relatively low blood cholesterol levels consume diets that are low in saturated fat and cholesterol and high in fiber such as fruits and vegetables. Bios Life 2—a good source of dietary fiber—when included as part of a healthy diet, may help lower your blood cholesterol levels and reduce your risk of heart disease. Bios Life 2 features a matrix of fibers under patent No. 4,883,788 and 4,824,672 for the "Method and Composition for Reducing Serum Cholesterol."

An additional benefit of a diet that is high in fiber and low in fat is a lowered risk of some cancers. However, typical diets tend to be high in fat and low in fiber from fruits and vegetables. Bios Life 2 provides a good source of dietary fiber. Bios Life 2 is a special fiber complex of guar gum, locust bean, pectin, oat fiber, gum acacia and barley fiber. Additionally, Bios Life 2 is a natural way to control your appetite by creating a comfortable full feeling giving you greater control at meals and the desire to eat less. Bios Life 2 contains other beneficial nutrients such as beta-carotene, calcium, zinc and a complex of B vitamins. Improve your health and well-being with a good source of dietary fiber and other beneficial nutrients—Bios Life 2.

IMPORTANT BENEFITS FOR YOU

- Promotes a healthy cardiovascular and digestive system
- Contains a patented form of highly available chromium to help control blood sugar levels and helps to regulate the body's metabolic rate
- Controls appetite naturally by creating a comfortable, full feeling
- Contains other beneficial nutrients such as beta-carotene, calcium, zinc and a complex of B vitamins

SUGGESTED ADULT USE

DIRECTIONS

Initially: Approximately 5 to 10 minutes before a main meal, dissolve contents of one packet (6 g) into 8 to 10 ounces of cold water (juice or other comparable beverage may be substituted). Stir vigorously (use of BIOS LIFE 2 shaker cup is recommended). Drink immediately. Additional liquid may be consumed.

After fiber adjustment: Once your system has adjusted, use as directed above up to 3 times daily.

NOTE: If your current diet is low in fiber, you may wish to introduce this product gradually by using one-half packet or 3 g per serving. It is recommended that any medication be taken at least one hour before, or four hours after, using Bios Life 2 to avoid impeding absorption. For the safe and effective use of this product, it should be mixed with at least 8 to 10 ounces of liquid, as the label directs.

TAKING THIS PRODUCT WITHOUT ADEQUATE FLUIDS CAN RESULT IN COMPLICATIONS.

CAUTION: IF YOU ARE A DIABETIC, CONSULT A PHYSICIAN FOR PROPER USE OF THIS PRODUCT, WHICH CONTAINS CHROMIUM.

FIBER FOR YOUR TOTAL HEALTH

Research studies show that the average person consumes less than 11 grams of fiber daily, while the minimum amount recommended in a healthy adult diet is 25-30 grams. BIOS LIFE 2 NATURAL will provide outstanding results while helping you to attain this fiber intake goal. Gastrointestinal discomfort is normal when introducing fiber to your system. Intestinal or gastric discomfort will

diminish as the body adjusts to your new healthier fiber intake. This adjustment time will vary, but normally will occur within a 30-day period.

Nutrition Facts
Serving Size 1 Packet (6 g)
Servings Per Container 60

Amount Per Serving		% Daily Value*	
Calories 10	Calories from Fat 0		
		Total Fat 0 g	0%
		Saturated Fat 0 g	0%
		Cholesterol 0 mg	0%
		Sodium 35 mg	1%
		Total Carbohydrate 5 g	2%
		Dietary Fiber 4.5 g	18%
		Soluble Fiber 4 g	
		Insoluble Fiber 0.5 g	
		Sugars 0 g	
		Protein 0 g	

Vitamin A (100% as Beta-Carotene)	20%	Calcium	10%
Vitamin C	100%	Vitamin E	100%
Iron	0%	Vitamin B-6	180%
Thiamin	180%	Vitamin B-12	180%
Niacin	180%	Zinc	6%
Folic Acid	30%	Chromium	45%
Biotin	10%		
Selenium	6%		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Guar Gum, Gum Arabic, Locust Bean Gum, Pectin, Oat Fiber, Calcium Carbonate, Natural Orange Flavor, Ascorbic Acid, Barley (source of Beta-Glucan), Stevia, Niacinamide, dl-alpha-Tocopheryl Acetate, Natural Cream Flavor, Maltodextrin, Zinc Gluconate, Pyridoxine HCl, Riboflavin, Thiamin HCl, beta-Carotene, Chromium Polynicotinate (ChromMate®), Folic Acid, Biotin, Sodium Selenite, Cyanocobalamin.
ChromMate® is a registered trademark of InterHealth N.I.
*ChromMate® is a registered trademark of InterHealth N.I.

STORE IN A COOL, DRY PLACE.

BIOS LIFE 2® is covered by U.S. patents #4,883,788 and 4,824,672.

Manufactured for Distribution by Rexall Showcase International Inc. under the strict regulations and guidelines of **Rexall** Boca Raton, FL 33487 USA

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6110D DZZ

CARDIO ESSENTIALS™ **OTC**
CARING FOR YOUR HEART

DIRECTIONS FOR ADULT USE

As a dietary supplement, take 3 capsules twice per day, at mealtime with water.

- Coenzyme Q-10, a fat soluble antioxidant, supports healthy heart function by providing proper nourishment to heart muscle tissue.*
- L-carnitine has been shown to support healthy heart activity.*
- U.S. Patent Pending.

Supplement Facts
Serving Size: 6 Capsules
Servings Per: Container 30

Amount Per Serving	% Daily Value
Coenzyme Q-10	100 mg
Proprietary Blend	3.5 g
L-carnitine (as tartrate)	†
L-taurine	†
Hawthorn (standardized to 1.8% Vitexin), berry	†

† Daily value not established.

Other Ingredients: Gelatin Capsules, Stearic Acid, Calcium Silicate, and Silicon Dioxide.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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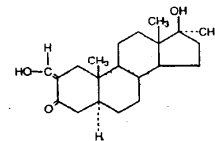
Direct Inquiries to:
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ANADROL-50 © B
(oxymetholone)
50 mg Tablets

DESCRIPTION

ANADROL (oxymetholone) tablets for oral administration each contain 50 mg of the steroid oxymetholone, a potent anabolic and androgenic drug.

The chemical name for oxymetholone is 17β-hydroxy-2-(hydroxymethyl)-17-methyl-5α-androstan-3-one. The structural formula is:



Inactive Ingredients—lactose, magnesium stearate, povidone, starch

CLINICAL PHARMACOLOGY

Anabolic steroids are synthetic derivatives of testosterone. Nitrogen balance is improved with anabolic agents but only when there is sufficient intake of calories and protein. Whether this positive nitrogen balance is of primary benefit in the utilization of protein-building dietary substances has not been established. Oxymetholone enhances the production and urinary excretion of erythropoietin in patients with anemias due to bone marrow failure and often stimulates erythropoiesis in anemias due to deficient red cell production.

Certain clinical effects and adverse reactions demonstrate the androgenic properties of this class of drugs. Complete dissociation of anabolic and androgenic effects has not been achieved. The actions of anabolic steroids are therefore similar to those of male sex hormones with the possibility of causing serious disturbances of growth and sexual development if given to young children. They suppress the gonadotropic functions of the pituitary and may exert a direct effect upon the testes.

INDICATIONS AND USAGE

ANADROL-50 is indicated in the treatment of anemias caused by deficient red cell production. Acquired aplastic anemia, congenital aplastic anemia, myelofibrosis and the hypoplastic anemias due to the administration of myelo-

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